

September Lunch menu

(All meals are served with milk, chocolate milk, bottled water or juice)

Monday 09/02/19	Tuesday 09/03/19	Wednesday 09/04/19	Thursday 09/05/19	Friday 09/06/19
No School	Chicken Enchiladas Spanish Rice Fruit Salad	Beef Chow Mein Veggie Egg Rolls Fruit Salad	Chicken Tenders Mashed Potatoes Apple Slices	Cheese Pizza Orange Wedges Fresh Veggies
Monday 09/09/19	Tuesday 09/10/19	Wednesday 09/11/19	Thursday 09/12/19	Friday 09/13/19
Beef Ravioli Steamed Veggies Fruit Salad Garlic Toast	Chicken Teriyaki Steamed Rice Steamed Broccoli Apple Slices	Cheeseburger Potato Wedges Fresh Fruit	Ground Turkey Quesadilla Grilled Corn Apple Slices	Pepperoni Pizza Apple Slices Cucumber Slices
Monday 09/16/19	Tuesday 09/17/19	Wednesday 09/18/19	Thursday 09/19/19	Friday 09/20/19
Chicken Bow Tie Pasta with Broccoli Garlic Bread Apple Slices	Green Bean Beef Steamed Rice Fresh Fruit	Corn Dog Cole Slaw Fresh Fruit Cookie	Turkey Croissant with Lettuce Apple Slices Waffle Potatoes	Cheese Pizza Watermelon Fresh Veggies
Monday 09/23/19	Tuesday 09/24/19	Wednesday 09/25/19	Thursday 09/26/19	Friday 09/27/19
Spaghetti Bolognese Green Salad Fruit Salad	Chicken and Waffles Mixed Veggies Watermelon	Kung Pao Beef (No Peanuts) Steamed Rice Fruit Salad Mixed Veggies	Crispy Chicken Sandwich with Lettuce Potato Wedges Fresh Fruit	Cheese Pizza Fresh Fruit Cucumber Slices
Monday 09/30/19				
Beef Lasagna Roll Ups Mixed Veggies Fresh Fruit Garlic Bread				

*Please make checks payable to **Rosa's Cafe.***

There will be a \$25.00 service fee for all returned check

October Lunch menu

(All meals are served with milk, chocolate milk, bottled water or juice)

	Tuesday 10/01/19	Wednesday 10/02/19	Thursday 10/03/19	Friday 10/04/19
	Chicken Taquitos Spanish Rice Fruit Salad	Beef and Broccoli Veggie Fried Rice Fruit Salad	Chicken Nuggets Macaroni and Cheese Apple Slices Mixed Veggies	Cheese Pizza Orange Wedges Fresh Veggies
Monday 10/07/19	Tuesday 10/08/19	Wednesday 10/09/19	Thursday 10/10/19	Friday 10/11/19
Fettuccine Alfredo with Chicken with Broccoli Green Salad Fruit Salad	All Beef Hot Dog Potato Wedges Apple Slices	Cheese Quesadilla Mixed Veggies Fresh Fruit	Chicken Fried Rice Veggie Egg Roll Fresh Fruit Fortune Cookie	Pepperoni Pizza Apple Slices Cucumber Slices
Monday 10/14/19	Tuesday 10/15/19	Wednesday 10/16/19	Thursday 10/17/19	Friday 10/18/19
Grilled Chicken Sandwich with Lettuce Veggie Chips Apple Slices	Meatloaf Mashed Potatoes Steamed Veggies Dinner Roll	Chicken Soft Tacos Corn/Cheese Strawberry Slices Cookie	Sweet and Sour Chicken Steamed Rice Fresh Veggies	Cheese Pizza Watermelon Fresh Veggies
Monday 10/21/19	Tuesday 10/22/19	Wednesday 10/23/19	Thursday 10/24/19	Friday 10/25/19
Cheeseburger with Lettuce Baked Potato Chips Fruit Salad	Chicken Teriyaki Steamed Rice Fruit Salad Mixed Veggies	Spaghetti Marinara String Cheese Steamed Veggies Apple Slices	Grilled Chicken and Rice Southwest Salad Fresh Orange Wheat Bread	Cheese Pizza Fresh Fruit Cucumber Slices
Monday 10/28/19	Tuesday 10/29/19	Wednesday 10/30/19	Thursday 10/31/19	
Beef Lasagna Mixed Veggies Fresh Fruit Garlic Bread	Chicken Tenders Potato Wedges Fruit Salad	Beef Chow Mein Veggie Egg Roll Fruit Salad Fortune Cookie	Turkey Melt Sandwich Fruit Yogurt Apple Slices	

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